So you’re ready to take action against climate change...

Do you know the basics?

Yes, but I hate/suck at/am scared of activism.

Yes, but it’s daunting and I don’t know where to start.

Yes, but I’m very, very sad.

Do you want to build more...

Do you want to stop...

People? Power?

Community? Resilience?

Renewables?

Bad Money?

Bad Laws?

Bad Infrastructure?

Communicate. Show up. Join/support groups whose work you respect. Make climate a political priority and make sure your community and leaders know it.

Some national groups to check out:
- Climate Citizens’ Lobby
- 350.org (find yr chapter)
- Sierra Club
- NRDC
- Center for Biological Diversity

Who focuses on what you care about? For example:
- Health
- Indigenous Sovereignty
- Habitat Protection
- Water Safety
- Food Security
- Environmental Justice
- Disaster relief
- Tree planting
- Stormwater management

Here are some groups/info:
- WEACT for Climate Justice
- Honor the Earth
- Moms Clean Air Force
- Climate Solutions
- Waterkeeper (find yr chapter)
- Food & Water Watch
- Plant for the Planet
- Rain Garden Alliance

Demand 100% renewables by 2025 from legislators and corporations. Call. Tweet. Postcard. Office visits!

At home, switch to renewables with Arcadia, or a local carrier.

But then aim bigger: What org/business/apt complex/church/gym etc. do you belong to? Talk to them about installing solar/wind.

If they don’t listen, organize.

Here are some resources for community solar projects.

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Human: combustion of fossil fuels is heating the atmosphere and disrupting natural systems everywhere, jeopardizing human life on earth. We have to end the fossil fuel economy immediately, despite strong opposition.

Read more:
- 9 Questions About Climate Change You Were Too Embarrassed To Ask
- Every State's Temperature Trend for Every Season
- The Ultimate Climate Change FAQ

That is a sane and natural response to a horrible situation. Take time and feel what you feel. Be aware, research and experience show that the best treatment for climate despair is climate action. Read more at the Climate Psychology Alliance

Expand your concept of activism to include your skills and pleasures: teaching, hosting, writing, gardening, art-making, arguing, performing, communications, etc.

Also, there is work to do that nobody likes, and we all have to take turns. So let’s be grownups about it.

Here’s one way to think about it:

Are you a YES or a NO kind of person?

YES

NO

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